

Everyday low prices across our range

cash & carry... Eftpos available

"We don't just sell fruit!"

Price List (1000s more in store!)

SOUP, NOODLES RICE & MEALS			each	deals
Rosella Cream Of Chicken Soup 500g	\$1.50			4 for \$5
Fortune Cup Noodles Varieties 70g	75c			Ctn Of 12 \$9
Heinz Cream Of Pumpkin Soup 420g	\$1.00			Ctn Of 12 \$10
Fantastic Noodles Chicken / Beef 85g	\$1.50			4 for \$5
Continental Cup A Soup Variteites 40-75g	\$1.00			
Maggi Rich Gravy Mix 2kg	\$25.95			
DRINKS			each	deals
Ducat's Mr. D's Cola 2Lt	\$2.80			2 for \$5
Golden Circle Fruit Juice 6pack Varieties (200ml x 6)	\$1.50			Ctn Of 4x6pk \$5.50
Bundaberg 375ml 4pack Varieties	\$4.75			Ctn Of 6x4pk \$27.50
Murray Valley Tomato / Pineapple Juice 250ml	\$1.25			Ctn Of 12 \$13
Beechworth Apple Juice Clear / Cloudy 2Lt	\$4.75			
A Bottle Of Water 600ml x 12	\$4.00			
Riverport Varieties 300ml	\$1.65			Ctn of 12 \$18
Raw C Coconut Water 1Lt	\$3.00			Ctn Of 12 \$35
Golden Circle Golden Pash Fruit Drink 250ml x 8	\$2.00			Ctn Of 3x8pk \$5
TEA / COFFEE			each	deals
Nescafe Gold 200g	\$9.50			
Anderson's English Breakfast Tea Bags 100pc	\$2.50			Ctn Of 12 \$27.50
Nescafe Original Coffee 200g	\$5.95			2 for \$10
Vittoria 500g Beans / Ground	\$11.50			
Nescafe Blend 43 500g Coffee	\$16.00			
Lipton Green Tea Bags Varieties 40pc	\$2.00			Ctn Of 5 \$9
Vittoria Chocochino Drinking Chocolate 375g	\$3.95			Ctn Of 6 \$22
Kingston Tea Bag Varieties 100pc 185g	\$2.00			3 for \$5
Cadbury Drinking Chocolate 400g	\$3.95			Ctn Of 6 \$23
Vittoria Capino Coffee PODS Varieties				From \$3.95
Lavazza ORO Ground Coffee 250g	\$5.50			2 for \$9.50
CEREAL / JAMS			each	deals
Jordans Tropical Granola 500g	\$2.00			3 for \$5
Seasonal Selections Marmalade & Jam Varieties 42g	50c			5 for \$2
IXL Jam Varieties 480g	\$2.75			2 for \$5
Kellogg's Mini Cereal Varieties 25-45g	\$0.40			6 for \$2
Kellogg's Corn Flakes 725g	\$3.95			
CONFECTIONERY & SNACKS			each	deals
Cadbury Brunch Bar Varieties 6pack 192g	\$2.00			
Kellogg's LCM's Cookies & Cream 15pk 330g	\$3.50			
The Bar Counter Raw Choc 40G	50c			Ctn of 12 \$5
Uncle John's or Black Rabbit Licorice Varieties 300g	\$2.50			
Kooka's Country Cookies Varieties 500g	\$3.75			3 for \$10
Fantastic Rice Crackers Varieties 100g	\$1.50			4 for \$5
Oreo Biscuits 352g	\$2.95			Ctn Of 12 \$33
SAUCES/OILS			each	deals
Alfa One Cooking spray Varieties 225ml	\$2.00			3 for \$5
8 Foods Dressings or Mayo Varieties 1Lt	\$7.95			
MON Worcester Style Steak Sauce 250ml	\$2.40			
Wagga Wagga Canola Oil 2Lt	\$5.50			2 for \$10
Bragg Organic Apple Cider Vinegar 473ml	\$6.95			
White Crow Tomato Sauce 2Lt	\$3.95			
Wild's Ezy Sauce Mix 375ml	\$3.95			
Sandhurst Apple Cider Vinegar 250ml	\$2.00			3 for \$5
Heinz Whole Egg Mayo 500g	\$2.00			3 for \$5
Royal Line Sweet Chilli Sauce 910g	\$2.95			
Continental Superb Liquid Stock Varieties 1Lt	\$2.75			2 for \$5
Eastwood Olive Oil 4lt	\$25.00			
Oroverde Vegetable Oil 2Lt	\$5.95			
CANNED FISH			each	deals
Tassal Salmon Varieties 185g	\$3.00			2 for \$5
John West Tuna Slices Sweet Chilli 125g	\$2.00			Ctn Of 12 \$22
Riviana Smoked Oysters 85g	\$1.50			4 for \$5
95g Greenseas Can Tuna Varieties	\$1.00			Ctn Of 12 \$11
Santamaria Sardines Varieties 120g	\$1.55			4 for \$6
CHILLED PRODUCTS			each	deals
IN THE FRIDGE				
DON Strasburg 1kg	\$7.50			
Ducat's Orange Fruit Drink Varieties 2Lt	\$2.95			
Primo Shortcut Budget Bacon 1kg	\$5.95			
Primo Kabana 375g (BACK IN STOCK)	\$3.95			3 for \$10
Primo Salami Varieties 200g (BACK IN STOCK)	\$3.95			3 for \$10
Chefs Essentials Tasty / Mozzarella Cheese 2kg	\$17.50			
Alpenhain Prestige Camembert Cheese 125g	\$2.95			
Tibaldi Shaved Ham 1kg	\$9.95			
Tablelands Olive Oil Spread 1kg	\$2.50			
Tatura Butter 250g	\$2.75			
FROZEN PRODUCTS			each	deals
Paddle Pop Vanilla 10Pk	\$3.50			3 for \$10
Bulla Fairy Bread Ice Creams 6pk 510ml	\$2.00			3 for \$5
Streets Fruttare Strawberry Smoothie 4pk 300ml	\$1.00			
Streets Paddle Pop Bubblegum 70ml	50c			Ctn Of 32 \$9.95
Pacific West Salt & Pepper Fish Fillets 280g	\$3.95			
Family Farm Tempura Chicken Nuggets 480g	\$3.95			
Family Farm Battered Chips 1kg	\$2.50			
Chiko Mini Chicken Kiev Balls 10pk	\$3.95			
KB's Steakhouse Fries 2.5kg	\$5.50			
Lean Cuisine Spanish Chicken & Chorizo 350G	\$2.75			2 for \$5
CAVOS Meatballs 1kg	\$9.95			
Bulla Boysenberry Yoghurt Sandwich 4pk 516ml	\$2.00			3 for \$5
Four'N'Twenty Beef, Chs & Vegemite Pies 4pk 700g	\$2.00			
Marathon Dim Sims 1.5kg	\$7.25			
Marathon Spring Rolls 2kg	\$9.95			
Birds Eye Hoki Lil Fishies 330G	\$2.95			
Snowy River Pastie 150g	\$1.00			Ctn Of 24 \$22
Maggie Beer Ice Cream Varieties	\$3.95			3 for \$10
Mrs Macs Egg & Bacon Roll 140g	\$0.90			4 for \$3
Mrs Macs Good Eating Beef Pie 200g	\$0.90			4 for \$3
Four n 20 Mac & Cheese Toppers 145g	\$0.90			4 for \$3
Mrs Macs Cruiser Beef Pie 180g	\$1.00			Ctn Of 12 \$10
Steggles Chicken Nuggets 1Kg	\$8.50			
I&J Crumbed Fish Fillets 570g	\$3.50			3 for \$10
Sara Lee Apple & Salted Caramel Pie 800g	\$5.00			
Mama Kaz Banana Bread Varieties	\$3.95			
Cleaning Products			each	deals
Finish Powerball Dishwashing Tablets 110pc	\$16.50			
Fluffy Fabric Conditioner/Softener Varieties 250ml	\$1.75			3 for \$5
Cussons Morning Fresh Dishwashing Liquid 900ml	\$4.95			
Radiant Washing Powder 2kg	\$5.95			2 for \$10
HEALTH & BEAUTY			each	deals
Colgate Tooth Paste Varieties				Starting From \$2.00
Goats Milk Beauty Bar 2pack	\$ 2.50			
Lynx Body Spray Varieties	\$3.50			3 for \$10
Dove Cream Bar 100g	\$0.99			BACK IN STOCK
Tresemme Shampoo Varieties 750ml	\$5.00			
Rexona Deodorant Spray Varieties 150g	\$3.95			3 for \$10

KEY

Specials

Added To list this week