

Everyday low prices across our range

cash & carry... Eftpos available

"We don't just sell fruit!"

Price List (1000s more in store!)

SOUP, NOODLES RICE & MEALS			each	deals
Rosella Cream Of Chicken Soup 500g	\$1.50	4 for \$5		
Fortune Cup Noodles Varieties 70g	75c	Ctn Of 12 \$9		
Heinz Cream Of Pumpkin Soup 420g	\$1.00	Ctn Of 12 \$10		
Fantastic Noodles Chicken / Beef 85g	\$1.50	4 for \$5		
SunRice Medium Grain Rice 1kg	\$1.50	4 for \$5		
Maggi Rich Gravy Mix 2kg	\$25.95			
DRINKS			each	deals
Ducat's Mr. D's Cola 2Lt	\$2.80	2 for \$5		
Lipton Green Ice Tea 500ml	50c	Ctn Of 24 \$10		
Bundaberg 375ml 4pack Varieties	\$4.75	Ctn Of 6x4pk \$27.50		
Golden Circle Orange Fruit Juice 1Lt	\$1.00	Ctn Of 12 \$10		
Beechworth Apple Juice Clear / Cloudy 2Lt	\$4.75			
A Bottle Of Water 600ml x 12	\$4.00			
Riverport Varieties 300ml	\$1.65	Ctn of 12 \$18		
Raw C Coconut Water 1Lt	\$3.00	Ctn Of 12 \$35		
Golden Circle Tropical Fruit Drink 250ml x 8	\$2.00	Ctn Of 3x8pk \$5		
TEA / COFFEE			each	deals
Nescafe Gold 200g	\$9.50			
Anderson's English Breakfast Tea Bags 100pc	\$2.50	Ctn Of 12 \$27.50		
Nescafe Original Coffee 200g	\$5.95	2 for \$10		
Vittoria Coffee Beans/Ground 1kg	\$19.50			
Nescafe Blend 43 500g Coffee	\$15.00			
Lipton Green Tea Bags Varieties 40pc	\$2.00	Ctn Of 5 \$9		
Vittoria Chocochino Drinking Chocolate 375g	\$3.95	Ctn Of 6 \$22		
Kingston Tea Bag Varieties 100pc 185g	\$2.00	3 for \$5		
Tetley Tea Bags 200pc 370g	\$4.95	Ctn Of 6 \$28		
Vittoria Capino Coffee PODS Varieties		From \$3.95		
Lavazza ORO Ground Coffee 250g	\$5.00	2 for \$8.50		
CEREAL / JAMS			each	deals
Special K Advantage Cereal 315g	\$1.00			
Jordans Oat Granola Tropical 500g	\$2.00	Ctn Of 4 \$7.50		
IXL Jam Varieties 480g	\$2.75	2 for \$5		
Kellogg's Corn Flakes 725g	\$3.95			
CONFECTIONERY & SNACKS			each	deals
Chupa Chups Lollipops 40pk	\$5.00			
Arnott's Tim Tam Honeycomb 160g	\$1.50	4 for \$5		
Kellogg's Lcm's Coco Pops Cookies & Cream 132G	\$1.80	3 for \$5		
Uncle John's or Black Rabbit Licorice Varieties 300g	\$2.50			
Kooka's Country Cookies Varieties 500g	\$2.95	2 for \$5		
Fantastic Rice Crackers Varieties 100g	\$1.00			
Oreo Biscuits 352g	\$2.95	Ctn Of 12 \$33		
SAUCES/OILS			each	deals
Sunnyville Olive Oil 750ml	\$10.95			
8 Foods Dressings or Mayo Varieties 1Lt	\$7.95			
MON Stake Sauce 250ml	\$2.40			
Alfa One Olive Oil 750ml	\$4.00			
ABC Sweet Soy Sauce 620ml	\$3.95			
White Crow Tomato Sauce 2Lt	\$3.95			
Pearl River Soy Sauce 600ml	\$2.00	Ctn Of 12 \$22		
MON Tomato Sauce 600ml	\$2.50	Ctn Of 12 \$27.50		
Royal Line Sweet Chilli Sauce 910g	\$2.95			
Heinz Tomato Ketchup 500ml	\$1.00			
Eastwood Olive Oil 4lt	\$25.00			
Oroverde Vegetable Oil 2Lt	\$5.95			
CANNED FISH			each	deals
John West Red Salmon 210g	\$2.95	2 for \$5		
John West Tuna Slices Sweet Chilli 125g	\$2.00	Ctn Of 12 \$22		
Riviana Smoked Oysters 85g	\$1.50	4 for \$5		
95g John West / Greenseas Can Tuna Varieties	\$1.00	4 for \$3		
Santamaria Sardines Varieties 120g	\$1.55	4 for \$6		
CHILLED PRODUCTS			each	deals
IN THE FRIDGE				
DON Strasburg 1kg	\$7.50			
Bertocchi Diced Bacon 1kg	\$4.95			
Tibaldi Assorted Meat Varieties 80g - 100g	\$2.00			
DON Kabana 200g	\$3.50			
Chefs Essentials Tasty / Mozzarella Cheese 2kg	\$17.50			
Alpenhain Prestige Brie & Camembert 125g	\$2.95			
Tibaldi Breakfast Bacon 1kg	\$7.50			
Pioneer & Tibaldi Salami Offcuts / Ends 1kg	\$5.95			
Dianne's Dip Varieties 200g	\$2.00			
Tatura Butter 250g	\$2.75			
FROZEN PRODUCTS			each	deals
Matilda's Australian Strawberries 500g	\$2.00	3 for \$5		
Bulla Fairy Bread Ice Creams 6pk 510ml	\$2.95			
Dr Oetker Ristorante Chocolate Dessert Pizza 260g	\$2.00	3 for \$5		
Streets Paddle Caramel Choc 73ml	50c	Ctn Of 32 \$8.00		
Pacific West Salt & Pepper Fish Fillets 280g	\$3.95			
Family Farm Chicken & Vegetable Pies 4pk 700g	\$3.50			
Family Farm Potato Cakes 1kg	\$3.95			
Four'N Twenty Beef & Cheese Pies 4pk 700g	\$3.95			
Family Farm Chicken Burgers 4pack 320g	\$3.95	3 for \$10		
Bailey's Chocolate Luxe Ice Cream 500ml	\$2.00	3 for \$5		
Lean Cuisine Spanish Chicken & Chorizo 350G	\$2.75	2 for \$5		
CAVOS Meatballs 1kg	\$9.95			
Magnum Classic 6pack	\$5.95			
Simply Fresh Arancini Varieties 1kg	\$13.95			
Marathon Dim Sims 1.5kg	\$7.95			
Marathon Spring Rolls 2kg	\$9.95			
Weis Yoghurt Vanilla Honey & Almond 6pack 264ml	\$3.95	3 for \$10		
7 Star Beef Lasagne 2.1kg	\$14.95			
Mrs Macs Egg & Bacon Roll 140g	\$1.00			
Mrs Macs Cruiser Beef Pie 180g	\$1.00	Ctn Of 12 \$10		
Magnum Dbl Caramel / Choc Cookie Ice Creams 4pk	\$3.95			
Garden Supreme Blueberries 1Kg	\$3.50			
Sara Lee Apple & Salted Caramel Pie 800g	\$5.00			
Mama Kaz Banana Bread Varieties	\$4.95			
Cleaning Products			each	deals
Finish Powerball Dishwashing Tablets 110pc	\$16.50			
Fluffy Fabric Conditioner/Softener Varieties 250ml	\$1.75	3 for \$5		
Ajax Spray n Wipe 500ml	\$1.95			
Radiant Washing Powder 2kg	\$5.95	2 for \$10		
HEALTH & BEAUTY			each	deals
Colgate Tooth Paste Varieties	Starting From \$2.00			
Lynx Black Gift Set	\$ 7.95			
Lynx Body Spray Varieties	\$3.50	3 for \$10		
Rexona Deodorant Spray Varieties 150g	\$3.95	3 for \$10		

**KEY**  
 Specials  
 Added To list this week