

Everyday low prices across our range

cash & carry... Eftpos available
"We don't just sell fruit!"

Price List (1000s more in store!)

SOUP, NOODLES RICE & MEALS			each	deals	CANNED FISH			each	deals
Tin Soup Varieties 500-535g	\$2.00	3 for \$5			Tassal Salmon Varieties 185g	\$3.00	2 for \$5		
Fortune Cup Noodles Varieties 70g	75c	Ctn Of 12 \$9			John West Tuna Slices Sweet Chilli 125g	\$2.00	Ctn Of 12 \$22		
Heinz Cream Of Pumpkin Soup 420g	\$1.00	Ctn Of 12 \$10			Riviana Smoked Oysters 85g	\$1.50			
Fantastic Noodles Chicken / Beef 85g	\$1.50	4 for \$5			King Oscar Mackerel Varieties 115g	\$1.20			
Heinz Big Red Tomato Soup 420g	\$1.50	4 for \$5			Greenseas Tuna Varieties 95g	\$1.00	6 for \$5		
DRINKS			each	deals	95g G Fresh Can Tuna Varieties	\$0.95	Ctn Of 12 \$11		
Ducat's Mr. D's Cola 2Lt	\$2.80	2 for \$5			CHILLED PRODUCTS			each	deals
Berri Apple Fruit Drink Pop Top 250ml	\$0.30	ctn of 12 \$3			IN THE FRIDGE				
Bundaberg 375ml 4pac Varieties	\$4.75	Ctn Of 6x4pk \$27.50			Primo Saveloys 1kg	\$ 5.95			
Murray Valley Tomato / Pineapple Juice 250ml	\$1.25	Ctn Of 12 \$13			DON Strasburg 1kg	\$7.50			
Beechworth Apple Juice Clear / Cloudy 2Lt	\$4.75				Ducat's Orange Fruit Drink Varieties 2Lt	\$2.95			
Quench Water 600ml x 12	\$4.00				Primo Shortcut Budget Bacon 1kg	\$5.95			
Riverport Varieties 300ml	\$1.65	Ctn Of 12 \$18			Primo Kabana 375g	\$3.95	3 for \$10		
Raw C Coconut Water 1Lt	\$3.00	Ctn Of 12 \$35			Primo Salami Varieties 200g	\$3.95	3 for \$10		
TEA / COFFEE			each	deals	Chefs Essentials Tasty / Mozzarella Cheese 2kg	\$17.50			
Tetley Tea Bags 200's	\$4.95				Hans Ham Steaks 300g	\$3.95	3 for \$10		
Tetley Tea Bags 1000's	\$12.50				Alpenhain Prestige Camembert Cheese 125g	\$2.95			
Dick Smith Drinking Chocolate 250g	\$2.00	3 for \$5			Tibaldi Shaved Ham 1kg	\$9.95			
Lan Choo Tea Bags 100pk	\$2.50				Tatura Butter 250g	\$2.75			
Anderson's English Breakfast Tea Bags 100pc	\$2.50	Ctn Of 12 \$27.50			Meadow Lea Canola Spread 500g	\$2.00	3 for \$5		
OxFam Coffee Varieties 1kg	\$15.00				Meadow Lea Salt Reduced Spread 1kg	\$2.75	2 for \$5		
OxFam Coffee Varieties 200g	\$3.50	3 for \$10			FROZEN PRODUCTS			each	deals
Vittoria 500g Beans / Ground	\$11.50				Nanna's Indulgent Collection Vars	\$2.95			
Nescafe Blend 43 500g Coffee	\$16.00				Family Farm Potato Cakes 1kg	\$3.95			
Lipton Green Tea Bags Varieties 40pc	\$2.00	Ctn Of 5 \$9			Blue Ribbon Creme Brulee Gelateria 900ml	\$2.95			
Vittoria Chocochino Drinking Chocolate 375g	\$3.95	Ctn Of 6 \$22			I&J Light & Crispy Lemon Fish Fillets 1kg	\$5.95			
Kingston Tea Bag Varieties 100pc 185g	\$2.00				Marathon Dim Sum Varieties 550g	\$4.95			
Cadbury Drinking Chocolate 400g	\$3.95	Ctn Of 6 \$23			Crazt Dragon Dumplings 1kg	\$9.95			
Lavazza ORO Ground Coffee 250g	\$5.50	2 for \$10			Pacific West Salt & Pepper Fish Fillets 280g	\$3.95			
CEREAL / JAMS			each	deals	Family Farm Tempura Chicken Nuggets 480g	\$3.95			
Dorset Cereal Varieties 540-550g	\$2.00	3 for \$5			Family Farm Battered Chips 1kg	\$2.50			
IXL Jam Varieties 480g	\$2.75	2 for \$5			KB's Steakhouse Fries 2.5kg	\$5.50			
Carman's Porridge Varieties 320g	\$3.50	3 for \$10			Weight Watchers Moroccan Chicken 350g	\$2.95	2 for \$5		
Kellogg's Corn Flakes 725g	\$3.95				Steggles Crumbed Chicken Varieties 400g	\$2.95	2 for \$5		
CONFECTIONERY & SNACKS			each	deals	Marathon Dim Sims 1.5kg	\$7.25			
Paradise Triple Choc Cookies 250g	\$1.00				Marathon Spring Rolls 2kg	\$9.95			
Carman's Bliss Balls 80g	\$1.50	4 for \$5			Birds Eye Hoki Lil Fishies 330G	\$2.95	2 for \$5		
Uncle John's or Black Rabbit Licorice Varieties 300g	\$2.50				Snowy River Pastie 150g	\$1.00	Ctn Of 24 \$22		
Kooka's Country Cookies Varieties 500g	\$3.75	3 for \$10			Maggie Beer Dessert Pots 2x80g	\$2.00	3 for \$5		
Fantastic Rice Crackers Varieties 100g	\$1.50	4 for \$5			Haagen-Dazs Vanilla Ice Cream 457g	\$2.00	3 for \$5		
Oreo Biscuits 352g	\$2.95	Ctn Of 12 \$33			Magnum Almond Tubs 440g	\$2.95	2 for \$5		
Doritos Cracker Varieties 180g	\$1.50	4 for \$5			Snowy River Meat Pie 4pk	\$3.50			
Pascall Marshmallows 180g	\$1.00				I&J Crumbed Fish Fillets 570g	\$3.50	3 for \$10		
SAUCES/OILS			each	deals	Marathon Gourmet Rolls 500g	\$3.75	3 for \$10		
Alfa One Cooking spray Varieties 225ml	\$2.00	3 for \$5			Marathon Beef & Pork Dim Sum 550g	\$4.95			
Wagga Wagga Canola Oil 2 litres	\$5.50	2 for \$10			Cleaning Products			each	deals
MON Worcester Style Steak Sauce 250ml	\$2.40				Finish Powerball Dishwashing Tablets 110pc	\$16.50			
Fountain BBQ Sauce 2 litre	\$5.00				Fluffy/Cuddly Fabric Softener Varieties 250ml-300ml	\$2.00	3 for \$5		
Bragg Organic Apple Cider Vinegar 473ml	\$6.95				Radiant Washing Powder 2kg	\$5.95	2 for \$10		
White Crow Tomato Sauce 2Lt	\$3.95				Sard Stain Remover Vars 450-500ml	\$2.95			
Olive Grove Extra Virgin Olive Oil 500ml	\$3.50	3 for \$10			HEALTH & BEAUTY			each	deals
Sandhurst Apple Cider Vinegar 250ml	\$2.00	3 for \$5			Colgate Tooth Paste Varieties	Starting From \$2.00/3 for \$5			
Royal Line Sweet Chilli Sauce 910g	\$2.95				Velvet Goats Milk Soap Vars 100g	\$ 1.00			
Continental Liquid Stock Varieties 1Lt	\$1.00				Lynx Body Spray Varieties	\$3.50	3 for \$10		
Maggi Rich Gravy Mix 2kg	\$25.95				Dove Cream Bar 100g	\$0.99			
Eastwood Olive Oil 4lt	\$25.00				Tresemme Shampoo Varieties 750ml	\$5.00			
Oroverde Vegetable Oil 2Lt	\$5.95				Rexona Deodorant Spray Varieties 150g	\$3.95	3 for \$10		

KEY

Specials
Added To list this week

Valid till 25th June or while stocks last.