

Everyday low prices across our range

cash & carry... Effpos available

"We don't just sell fruit!"

Price List (1000s more in store!)

SOUP, NOODLES RICE & MEALS			each	deals
Fortune Cup Noodles 70g	\$1.00	ctn x 12 \$11		
Street Kitchen Rice Paper Roll Kits 145g	\$2.00			
Fantastic Noodles Beef or Chicken 85g	\$1.50	4 for \$5		
Sunrice Parboiled Rice 1kg	\$1.75			
Indo Mie Noodles 85g x 5	\$2.00			
Heinz Big Red Soup 420g	\$1.50	4 for \$5		
Heinz Soup Varieties 330ml	\$1.50	ctn x 6 \$7		
Safcol Soup Varieties 505g	\$1.40			
DRINKS			each	deals
Bundaberg 375ml 4pack Varieties	\$4.75	Ctn Of 6x4pk \$27.50		
Murray Valley Tomato / Pineapple Juice 250ml	\$1.25	Ctn Of 12 \$13		
Beechworth Apple Juice Clear / Cloudy 2Lt	\$4.95			
Riverport Varieties 330ml	\$1.75	Ctn Of 12 \$19		
Applewood Orange/Apple Juice 250ml	\$0.80	4 for \$3		
TEA / COFFEE			each	deals
Map Drinking Chocolate 3kg	\$12.00			
Nescafe Classic Coffee (Imported) 200g	\$5.75	2 for \$10		
Cadbury Drinking Chocolate 400g	\$3.95			
Twinnings Herbal Infusion Tea Vars 18pk	\$2.00	3 for \$5		
Twinnings Morning Tea 50pk	\$2.00			
Jarra Salted Caramel Drinking Chocolate 275g	\$3.00			
Vittoria 1kg Beans / Ground	\$19.50			
Nescafe Blend 43 500g Coffee	\$16.00			
Villa & Hut Varieties 1kg	\$9.95			
Vittoria Chocochino Drinking Chocolate 375g	\$3.95	Ctn Of 6 \$22		
Kingston Tea Bag Varieties 100pc 185g	\$2.00			
Lavazza ORO Ground Coffee 250g twin pack	\$10.00			
CEREAL / JAMS			each	deals
Carman's Porridge Sachets 320g	\$3.75	3 for \$10		
Dorset Granola Varieties 450g	\$2.00			
IXL Jam Varieties 480g	\$2.75	2 for \$5		
IXL Apricot Conserve 250g	\$1.50	ctn x 6 \$8		
1kg Honey Varieties	from \$10			
Yackandandah Lemon Curd 350g	\$2.95			
CONFECTIONERY & SNACKS			each	deals
Batleys Choc Dippers 250g	\$3.00	2 for \$5		
Outback Meat Jerky 100g	\$3.95			
Uncle John's Licorice Varieties 300g	\$2.50			
Kooka's Country Cookies Varieties 500g	\$3.95	2 for \$7		
Fantastic Rice Crackers Varieties 100g	\$1.80	3 for \$5		
Carr's Assorted Biscuits for Cheese 200g	\$2.00	3 for \$5		
Oreo Biscuits 352g	\$2.95	Ctn Of 12 \$33		
Simply 9 Lentil Chips Fiery Hot 85g	\$1.50	4 for \$5		
Golden Chipees Varieties 100g	\$1.00			
SAUCES/OILS			each	deals
Edlyn Gravy 2kg	\$19.95			
Sandhurst Extra Virgin Olive Oil 4 litre	\$25.00			
MON Tomato Sauce 580ml	\$2.75			
MON Steak Sauce 250ml	\$2.40			
Royal Line Coconut Milk / Cream 400ml	\$1.20	ctn of 24 \$27		
Cornwells Red Vinegar 500ml	\$2.00	3 for \$5		
Fountain BBQ Sauce 2 litre	\$5.00			
White Crow Tomato Sauce 2Lt	\$3.95			
Royal Line Sweet Chilli Sauce 910g	\$2.95			
Maggi Rich Gravy Mix 2kg	\$27.00			
DÉCOR PRODUCTS			each	deals
Décor Thermostone Oblong Baking Dish 1.8L	\$ 9.50			
Décor Popcorn Maker	\$7.50			
Décor Protein Shaker	\$5.00			
and many more in store!!!				
CANNED FISH			each	deals
Tassal Salmon Varieties 185g	\$3.00	2 for \$5		
Selesta Tuna in Brine 425g	\$3.50			
King Oscar Mackerel Varieties 115g	\$1.00	6 for \$5		
Greenseas/Safcol Tuna Varieties 95g	\$1.00	6 for \$5		
John West Tuna 180g	\$2.50			
Heinz Chicken Caesar 85g	\$0.90	4 for \$3		
John West Tuna Varieties 95g	\$0.75	3 for \$2		
John West Tuna Tempter Varieties 95g	\$1.00			
Peck's Anchovette Spread 50g	\$1.50	4 for \$5		
CHILLED PRODUCTS			each	deals
IN THE FRIDGE				
Meadow Lea Original 500g	\$2.00			
Aeolikus Greek Feta 400g	\$9.50			
Delre Shredded Tasty Cheese 2kg	\$19.50			
Delre Shredded Mozzarella 2kg	\$21.00			
Dandy Economy Bacon 1kg	\$7.95			
Mill LeI Shredded Parmesan 250g	\$5.00			
Tassal Smoked Salmon 75g	\$3.50	3 for \$10		
Laughing Cow Cheese 128g	\$1.00	BB 23/9/20		
Alpenhain Prestige Camembert Cheese 125g	\$2.95			
Viking Danish Blue Cheese 100g	\$2.95			
Devondale Cheese Slices 250g	\$3.50	3 for \$10		
Tatura Butter 250g	\$2.95			
FROZEN PRODUCTS			each	deals
Haagen Dazs Cookies & Cream 95ml	\$1.00			
Haagen Dazs Ice Cream 3pk Varieties	\$2.95	2 for \$5		
Four N Twenty Party Pies 560g 12pk	\$3.95			
Lena Pastries 1kg	\$12.95			
Birds Eye Organic Peas 500g	\$2.00			
McCain Hash Browns 390g	\$1.50	4 for \$5		
Mediterranean Pastizzis 850g	\$7.50			
Lean Cuisine Meals 280-350g	\$2.95	2 for \$5		
Marathon Dim Sims 1.5kg	\$7.25			
Four N Twenty Beef & Cheese Pies 150g	\$1.00	ctn x 24 \$20		
Yarra Valley Lamb Shanks 1.6kg	\$18.50			
Ocean Chef Herb & Garlic Prawn Skewers 450g	\$9.50			
KB's Beer Battered Flathead 1kg	\$18.50			
I&J Shrimp & Chive Gyoza 840g	\$7.95			
Marathon Spring Rolls 2kg	\$9.95			
Blue Ribbon Chocolate Ice Cream 1 litre	\$3.95	3 for \$10		
Cleaning Products			each	deals
Finish Dishwashing Tablets 110pk	\$17.95			
Palmolive Dishwashing Liquid 750ml	\$3.50			
Finish Quantum Powerball Tablets 16pk	\$5.95			
Ajax Floor Cleaner 750ml	\$3.00			
Scotts Hand Sanitiser 500ml	\$5.00			
Radiant Washing Powder/Liquid 2kg/2ltr	\$5.95	2 for \$10		
Preen Vanish Oxy Action 375ml	\$3.50	3 for \$10		
HEALTH & BEAUTY			each	deals
Colgate Toothpaste Varieties	Starting From \$2.00/3 for \$5			
Lynx Body Spray Varieties	\$2.95	2 for \$5		
Palmolive Gold Soap 4pk	\$2.00			
Treasure Comfort Nappies 16-26pk	\$3.95			
Cedel Toothpaste Varieties 75-110g	\$1.00			
Dove Cream Bar Varieties 100g	\$0.90			
Tresemme Shampoo Varieties 390-500g	\$3.95	3 for \$10		
Rexona Delicious Anti-perspirant Spray 150ml	\$2.00			
Rexona Deodorant Spray Varieties 150g	\$3.50	3 for \$10		
KEY				
Specials				
Added To list this week / Price Reduced				