

Everyday low prices across our range

cash & carry... Eftpos available

"We don't just sell fruit!"

Price List (1000s more in store!)

SOUP, NOODLES RICE & MEALS		each	deals
Fortune Cup Noodles 70g	\$1.00	ctn x 12 \$11	
Sunrice Street Snack Butter Chicken 200g	\$1.50	4 for \$5	
Sunrice Chicken Satay Curry 350g	\$2.00		
Fantastic Noodles Beef or Chicken 85g	\$1.50	4 for \$5	
Sunrice Parboiled Rice 900g	\$1.50	4 for \$5	
Heinz Big Red Soup 420g	\$1.50	4 for \$5	
Heinz Soup Varieties 330ml	\$1.50	ctn x 6 \$7	
Safcol Soup Varieties 505g	\$1.40		
DRINKS		each	deals
Bundaberg 375ml 4pack Varieties	\$4.75	Ctn Of 6x4pk \$27.50	
Murray Valley Tomato / Pineapple Juice 250ml	\$1.25	Ctn Of 12 \$13	
Beechworth Apple Juice Clear / Cloudy 2lt	\$4.95		
Riverport Varieties 330ml	\$1.75	Ctn Of 12 \$19	
Frantelle Sparking Water 1.25 litre	\$0.60	ctn x 12 \$6	
Schweppes Lemon Lime & Bitters Cordial 750ml	\$1.50	ctn x 6 \$8	
Applewood Orange/Apple Juice 250ml	\$0.80	4 for \$3	
TEA / COFFEE		each	deals
Andersons English Breakfast Tea 100pk	\$2.50		
Nescafe Gold Coffee 190g	\$9.50		
Nescafe Classic Coffee (Imported) 200g	\$5.95	2 for \$10	
Cadbury Drinking Chocolate 400g	\$3.95		
Twinings Herbal Infusion Tea Vars 18pk	\$2.00	3 for \$5	
Twinings Morning Tea 50pk	\$2.00		
Vittoria 1kg Beans / Ground	\$19.50		
Nescafe Blend 43 500g Coffee	\$16.00		
Villa & Hut Varieties 1kg	\$9.95		
Vittoria Chocochino Drinking Chocolate 375g	\$3.95	Ctn Of 6 \$22	
Kingston Tea Bag Varieties 100pc 185g	\$2.00		
Lavazza ORO Ground Coffee 250g twin pack	\$10.00		
CEREAL / JAMS		each	deals
Carman's Porridge Sachets 320g	\$3.75	3 for \$10	
Dorset Granola Varieties 450g	\$2.00		
IXL Jam Varieties 480g	\$2.75	2 for \$5	
IXL Apricot Conserve 250g	\$1.50	ctn x 6 \$8	
1kg Honey Varieties	from \$10		
Yackandandah Lemon Curd 350g	\$2.95		
CONFECTIONERY & SNACKS		each	deals
Green's Choc Pancake Mix 325g	\$2.00	3 for \$5	
Outback Meat Jerky 100g	\$3.95		
Uncle John's Licorice Varieties 300g	\$2.50		
Kooka's Country Cookies Varieties 500g	\$3.95	2 for \$7	
Fantastic Rice Crackers Varieties 100g	\$1.80	3 for \$5	
Carr's Assorted Biscuits for Cheese 200g	\$2.00	3 for \$5	
Oreo Biscuits 352g	\$2.95	Ctn Of 12 \$33	
Pringles Chicken Satay 134g	\$2.00	3 for \$5	
Pringles Korean BBQ 53g	\$0.80		
Simply 9 Lentil Chips Fiery Hot 85g	\$1.50	4 for \$5	
Golden Chipees Varieties 100g	\$1.00		
SAUCES/OILS		each	deals
Edlyn Gravy 2kg	\$19.95		
Sandhurst Extra Virgin Olive Oil 4 litre	\$25.00		
MON Tomato Sauce 580ml	\$2.75		
MON Steak Sauce 250ml	\$2.40		
Royal Line Coconut Milk / Cream 400ml	\$1.20	ctn of 24 \$27	
Cornwells Red Vinegar 500ml	\$2.00	3 for \$5	
Fountain BBQ Sauce 2 litre	\$5.00		
White Crow Tomato Sauce 2lt	\$3.95		
Royal Line Sweet Chilli Sauce 910g	\$2.95		
Maggi Rich Gravy Mix 2kg	\$27.95		
DÉCOR PRODUCTS		each	deals
Décor Thermostone Oblong Baking Dish 1.8L	\$ 9.50		
Décor Popcorn Maker	\$7.50		
Décor Protein Shaker	\$5.00		
and many more in store!!!			
CANNED FISH		each	deals
Tassal Salmon in Canola Oil 95g	\$1.80	3 for \$5	
Selesta Tuna in Brine / Sunflower Oil 425g	\$3.50		
Santamaria Sardines 120g	\$1.80	3 for \$5	
King Oscar Mackerel Varieties 115g	\$1.00	6 for \$5	
Greenseas/Safcol Tuna Varieties 95g	\$1.00	6 for \$5	
John West Tuna 180g	\$2.50		
Heinz Chicken Caesar 85g	\$0.90	4 for \$3	
John West Tuna Varieties 95g	\$0.75	3 for \$2	
John West Tuna Tempter Varieties 95g	\$1.00		
Peck's Anchovette Spread 50g	\$1.00		
CHILLED PRODUCTS		each	deals
IN THE FRIDGE			
Meadow Lea Original 500g	\$2.00		
Bertolli Olive Oil Spread 500g	\$2.00		
Don Strasburg 1kg	\$9.50		
Delre Shredded Tasty Cheese 2kg	\$19.50		
Delre Shredded Mozzarella 2kg	\$21.00		
Dandy Economy Bacon 1kg	\$7.95		
Mill LeI Shredded Parmesan 250g	\$5.00	2 for \$9	
Alpenhain Prestige Camembert Cheese 125g	\$2.95		
Viking Danish Blue Cheese 100g	\$2.95		
Devondale Cheese Slices 250g	\$3.50	3 for \$10	
Tatura Butter 250g	\$2.95		
FROZEN PRODUCTS		each	deals
Haagen Dazs Cookies & Cream 95ml	\$1.00		
Haagen Dazs Ice Cream 3pk Varieties	\$2.95	2 for \$5	
Four N Twenty Party Pies 560g 12pk	\$2.95	2 for \$5	
Lena Pastries 1kg	\$12.95		
Birds Eye Organic Peas 500g	\$2.00		
McCain Hash Browns 390g	\$1.50	4 for \$5	
Mediterranean Pastizis 850g	\$7.50		
Lean Cuisine Meals 280-350g	\$2.95	2 for \$5	
Marathon Dim Sims 1.5kg	\$7.25		
Yarra Valley Lamb Shanks 1.6kg	\$18.50		
Streets Vegan Cornetto 90ml	\$0.90	ctn x 24 \$7.50	
I&J Seasoned Fish 550g	\$3.95		
Crackerjack Jumbo Potato Cakes 20pk	\$9.95		
KB's Beer Battered Flathead 1kg	\$18.50		
Haagen Dazs Brownie Macchiato 457ml	\$2.95	2 for \$5	
Marathon Spring Rolls 2kg	\$9.95		
Blue Ribbon Chocolate Ice Cream 1 litre	\$3.95	3 for \$10	
Cleaning Products		each	deals
Finish Dishwashing Tablets 110pk	\$17.95		
Palmolive Dishwashing Liquid 750ml	\$2.95		
Finish Quantum Powerball Tablets 16pk	\$5.95		
Ajax Floor Cleaner 750ml	\$3.00		
Scott's Spray & Wipe Antibacterial Spray 750ml	\$3.50		
Scotts Hand Sanitiser 1 litre	\$7.50		
Radiant Washing Powder 2kg	\$5.95	2 for \$10	
CANNED VEGETABLES		each	deals
Golden Circle Diced Beetroot 3kg	\$3.75	ctn x 3 \$10	
HEALTH & BEAUTY		each	deals
Colgate Toothpaste Varieties	Starting From \$2.00/3 for \$5		
Lynx Body Spray Varieties	\$2.95	2 for \$5	
Palmolive Gold Soap 4pk	\$2.00		
Treasure Comfort Nappies 16-26pk	\$3.95		
Cedel Toothpaste Varieties 75-110g	\$1.00		
Dove Cream Bar Varieties 100g	\$0.90		
Tresemme Shampoo Varieties 390-500g	\$3.95	3 for \$10	
Rexona Delicious Anti-perspirant Spray 150ml	\$2.00		
Rexona Deodorant Spray Varieties 150g	\$3.50	3 for \$10	
KEY			
Specials			
Added To list this week / Price Reduced			