

Everyday low prices across our range

cash & carry... Eftpos available
"We don't just sell fruit!"

Price List (1000s more in store!)

SOUP, NOODLES RICE & MEALS			each	deals
Fortune Cup Noodles 70g	\$1.00	ctn x 12 \$11		
Sunrice Street Snack Butter Chicken 200g	\$1.50	4 for \$5		
Sunrice Chicken Satay Curry 350g	\$2.00			
Fantastic Noodles Beef or Chicken 85g	\$1.50	4 for \$5		
Sunrice Parboiled Rice 900g	\$1.50	4 for \$5		
Heinz Big Red Soup 300g	\$1.50	4 for \$5		
Heinz Soup Varieties 330ml	\$1.50	ctn x 6 \$7		
Safcol Soup Varieties 505g	\$1.40			
DRINKS			each	deals
Bundaberg 375ml 4pack Varieties	\$4.75	Ctn Of 6x4pk \$27.50		
Murray Valley Tomato / Pineapple Juice 250ml	\$1.25	Ctn Of 12 \$13		
Beechworth Apple Juice Clear / Cloudy 2lt	\$4.95			
Riverport Varieties 330ml	\$1.75	Ctn Of 12 \$19		
Revive Spring Water 1.5 litre	\$0.95	ctn x 6 \$3.95		
Lipton Peach & Nectarine Iced Tea 500ml	\$0.75	ctn x 12 \$7.50		
TEA / COFFEE			each	deals
Andersons English Breakfast Tea 100pk	\$2.50			
Nescafe Gold Coffee 190g	\$9.50			
Nescafe Classic Coffee (Imported) 200g	\$5.95	2 for \$10		
Cadbury Drinking Chocolate 400g	\$3.95			
Twinings Herbal Infusion Tea Vars 18pk	\$2.00	3 for \$5		
Twinings Morning Tea 50pk	\$2.00			
Vittoria 1kg Beans / Ground	\$19.50			
Nescafe Blend 43 500g Coffee	\$16.00			
Villa & Hut Organic Drinking Chocolate 1kg	\$9.95			
Vittoria Chocochino Drinking Chocolate 375g	\$3.95	Ctn Of 6 \$22		
Kingston Tea Bag Varieties 100pc 185g	\$2.00			
Lavazza ORO Ground Coffee 250g twin pack	\$10.00			
CEREAL / JAMS			each	deals
Carman's Porridge Sachets 320g	\$3.75	3 for \$10		
Dorset Granola Varieties 450g	\$2.00			
IXL Jam Varieties 480g	\$2.75	2 for \$5		
IXL Apricot Conserve 250g	\$1.50	ctn x 6 \$8		
1kg Honey Varieties	from \$10			
Yackandandah Lemon Curd 350g	\$2.95			
CONFECTIONERY & SNACKS			each	deals
Green's Choc Pancake Mix 325g	\$2.00	3 for \$5		
Outback Meat Jerky 100g	\$3.95			
Uncle John's Licorice Varieties 300g	\$2.50			
Kooka's Country Cookies Varieties 500g	\$3.95	2 for \$7		
Fantastic Rice Crackers Varieties 100g	\$1.80	3 for \$5		
Carr's Assorted Biscuits for Cheese 200g	\$2.00	3 for \$5		
Oreo Biscuits 352g	\$2.95	Ctn Of 12 \$33		
Pringles Chicken Satay 134g	\$2.00	3 for \$5		
Pringles Korean BBQ 53g	\$0.80			
Simply 9 Lentil Chips Fiery Hot 85g	\$1.50	4 for \$5		
Golden Chipees Varieties 100g	\$1.00			
SAUCES/OILS			each	deals
Edlyn Gravy 2kg	\$19.95			
Sandhurst Extra Virgin Olive Oil 4 litre	\$25.00			
MON Tomato Sauce 580ml	\$2.75			
MON Steak Sauce 250ml	\$2.40			
Royal Line Coconut Milk / Cream 400ml	\$1.20	ctn of 24 \$27		
Cornwells Red Vinegar 500ml	\$2.00	3 for \$5		
Fountain BBQ Sauce 2 litre	\$5.00			
White Crow Tomato Sauce 2lt	\$3.95			
Royal Line Sweet Chili Sauce 910g	\$2.95			
Maggi Rich Gravy Mix 2kg	\$27.95			
DÉCOR/WILLOW PRODUCTS			each	deals
Willow 20L Insulated Cooler + Ice Brick	\$ 13.50			
Willow 4L Insulated Cooler + Ice Brick	\$ 5.95			
Décor Thermostone Oblong Baking Dish 1.8L	\$ 9.50			
Décor Popcorn Maker	\$7.50			
Décor Protein Shaker	\$5.00			
Décor Match Ups Assorted Sizes	from \$3.50			
and many more in store!!!				
CANNED FISH			each	deals
Tassal Salmon in Canola Oil 95g	\$1.80	3 for \$5		
Selesta Tuna in Brine / Sunflower Oil 425g	\$3.50			
Santamaria Sardines 120g	\$1.80	3 for \$5		
King Oscar Mackerel Varieties 115g	\$1.00	6 for \$5		
Greenseas/Safcol Tuna Varieties 95g	\$1.00	6 for \$5		
John West Tuna 180g	\$2.50			
John West Tuna Varieties 95g	\$0.75	3 for \$2		
John West Tuna Tempter Varieties 95g	\$1.00			
Peck's Anchovette Spread 50g	\$1.00			
CHILLED PRODUCTS			each	deals
IN THE FRIDGE				
Flora Light Spread 500g	\$2.00			
Bertolli Olive Oil Spread 500g	\$2.00			
Delre Shredded Tasty Cheese 2kg	\$19.50			
Delre Shredded Mozzarella 2kg	\$21.00			
Dandy Economy Bacon 1kg	\$7.95			
Mil LeI Shredded Parmesan 250g	\$5.00	2 for \$9		
Alpenhain Prestige Camembert Cheese 125g	\$2.95			
Viking Danish Blue Cheese 100g	\$2.95			
Devondale Cheese Slices 250g	\$3.50	3 for \$10		
Tatura Butter 250g	\$2.95			
FROZEN PRODUCTS			each	deals
Haagen Dazs Cookies & Cream 95ml	\$1.00			
Haagen Dazs Ice Cream 3pk Varieties	\$2.95	2 for \$5		
Four N Twenty Party Pies 560g 12pk	\$2.95	2 for \$5		
Lena Pastries 1kg	\$12.95			
McCain/Dr Oetker Pizza Varieties	\$3.50	3 for \$10		
McCain Hash Browns 390g	\$1.50	4 for \$5		
Mediterranean Pastizzis 850g	\$7.50			
Lean Cuisine Meals 280-350g	\$2.95	2 for \$5		
Marathon Dim Sims 1.5kg	\$7.25			
Yarra Valley Lamb Shanks 1.6kg	\$18.50			
Streets Vegan Cornetto 90ml	\$0.90	ctn x 24 \$7.50		
I&J Seasoned Fish 550g	\$3.95			
Crackerjack Jumbo Potato Cakes 20pk	\$9.95			
KB's Beer Battered Flathead 1kg	\$18.50			
Haagen Dazs Brownie Macchiato 457ml	\$2.95	2 for \$5		
Marathon Spring Rolls 2kg	\$11.00			
Blue Ribbon Chocolate Ice Cream 1 litre	\$3.95	3 for \$10		
Cleaning Products			each	deals
Finish Dishwashing Tablets 110pk	\$17.95			
Palmolive Dishwashing Liquid 750ml	\$2.95			
Finish Quantum Powerball Tablets 16pk	\$5.95			
Ajax Floor Cleaner 750ml	\$3.00			
Scott's Spray & Wipe Antibacterial Spray 750ml	\$3.50			
Scotts Hand Sanitiser 1 litre	\$7.50			
Radiant Washing Powder 2kg	\$5.95	2 for \$10		
CANNED VEGETABLES			each	deals
Golden Circle Diced Beetroot 3kg	\$3.75	ctn x 3 \$10		
HEALTH & BEAUTY			each	deals
Colgate Toothpaste Varieties	Starting From \$2.00/3 for \$5			
Lynx Body Spray Varieties	\$2.95	2 for \$5		
Palmolive Gold Soap 4pk	\$2.00			
Treasure Comfort Nappies 16-26pk	\$3.95			
Cedel Toothpaste Varieties 75-110g	\$1.00			
Dove Cream Bar Varieties 100g	\$0.90			
Tresemme Shampoo Varieties 390-500g	\$3.95	3 for \$10		
Rexona Delicious Anti-perspirant Spray 150ml	\$2.00			
Rexona Deodorant Spray Varieties 150g	\$3.50	3 for \$10		
KEY				
Specials				
Added To list this week / Price Reduced				